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## PRESS RELEASE

### For Immediate Release

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[ottawawellnessnetwork.com](http://ottawawellnessnetwork.com)

## Ottawa Chiropractors named RCS Researchers

### Will Recruit Volunteers for Global Wellness Study

Research & Clinical Science (RCS), a private-sector research firm conducting a world-wide health and wellness outcomes project, has announced the acceptance of Dr. Nathalie Beauchamp, Dr. Craig Hazel, Dr. Kahlid Mankal and Dr. Mike Reid of the Ottawa Wellness Network (OWN) as RCS Authorized Research Sites.

These doctors will begin recruiting volunteers for the research project on January 4th. Volunteers accepted into the program will receive a free chiropractic examination and evaluation, and complete the RCS Self-Reported Quality-of-Life (SRQOL) study, an online questionnaire about their health history and perception of their physical, emotional and mental wellness using their home computer.

Volunteers also will receive a RCS "Vitality Wellness Index" report, which provides wellness rating based on the results of the examination and the SRQOL study and compares it to the rating of all other volunteers in the program. There is no charge for any of the research involvement and volunteers are under no obligation to receive chiropractic care. They may discontinue their participation at any time.

RCS has received Institutional Review Board approval and complies with all standard guidelines governing human subject research. Research findings are analyzed by an International Scientific Advisory Panel made up of medical doctors, doctors of chiropractic, PhD researchers, and wellness experts.

"As chiropractors, we are extremely interested in research showing that chiropractic has positive, far-reaching effects on all aspects of health and wellness," said the Ottawa Wellness Network doctors. "We are honored to have been selected as an RCS Authorized Research Sites and will look forward to adding data from this community to their global wellness database."

The doctors of the Ottawa Wellness Network have for a mission to "Lead and empower people of Ottawa to strive to their full potential and to achieve and maintain optimal health and vitality through a wellness lifestyle". They frequently give health presentations to community groups on health and wellness and also offer Corporate Wellness Programs.

The RCS program utilizes advanced internet-based data collection techniques to compile information on the impact of chiropractic on various aspects of health. Areas of study include exploring the ability of chiropractic care to strengthen the immune system, increase energy levels, and enhance the general level of wellness. It will also provide evidence of the impact of chiropractic on specific stress-related health issues such as hypertension arthritis, and asthma.

For more information on the research project, or to apply as a volunteer, call the Ottawa Wellness Network at 1-877-727-7077.

